

# Coaches 2006-2007 Season

## Don Cowan

Phone # - 328-5893

**NCCP Level 3 certified, partial Level 4/5**  
Eighth Figure, Gold Freeskate, Gold Dance,  
Junior Competitive Singles & Dance, Novice  
Competitive Pair, Bronze Rhythm Dance,  
Competitive Skating Skills 1, Skating Skills 1  
Mentor Coach Level 1 and 2

Alberta Skater Development Coach  
Professional Powerskating Instructor

**23 years coaching experience**

**Rates:** \$11.00 – Senior  
\$10.50 - Junior

email: [doncowan@telus.net](mailto:doncowan@telus.net)

## Nina Furukawa

Phone # - 331-4559 or 315-4271

**NCCP Level 2 Certified**

Gold Freeskate, Dance,  
Skating Skills and Interpretive  
Canpower Certified

Bachelor of Education

**6 years coaching experience**

**Rates:** \$7.50 – Private Lesson

Email: [ninafurukawa@hotmail.com](mailto:ninafurukawa@hotmail.com)

## Holly Henderson

Phone # - 320-5379

**Fully Certified Level 3 NCCP**

National Level Coach, Singles, Dance, Pairs  
NCCP Technical Level 1 Course Conductor  
Mentor Coach Level 1 and 2

Former national Level Competitor

2006/07 Coaching Rep-

Alberta/NWT/Nunavut Section

**28 years coaching experience**

**Rates:** \$11.00 – Preliminary-Sr. Bronze  
\$12.00 – Jr. Silver – Gold  
\$13.00 – Competitive Dance

email: [hollyhleth@shaw.ca](mailto:hollyhleth@shaw.ca)

## Angela Mann

Phone # - 328-1859

**NCCP Level 2 Certified** (Singles, Dance, and  
Synchronized Skating)

**NCCP Level 1 Certified** (Special Olympics)

Canpower Certified

Gold Figure, Dance and Artistic

Senior Silver Freeskate

Variation Dance

**15 years coaching experience**

**Rates:** \$8.00 – Private Lesson

Email: [sk8lala@telus.net](mailto:sk8lala@telus.net)

## Olea Taboulchanas

Phone # -380-2224

**NCCP Level 2 Certified singles**

Triple Gold Test/ Gold Freeskate Part 1/

Senior Silver Freeskate Part 2

Novice Competitive

Canpower certified – 8 years experience

15 yrs amateur coaching experience

**9 yrs professional coaching experience**

**Rates:** \$7.75 – Private

\$4.00 – Semi Private

\$10.00 – Tests/Competitions

email: [elias99@telus.net](mailto:elias99@telus.net)

*These are the LFSC contract coaches for this season. If you are looking for a coach to give your child private lessons, please feel free to contact any of them. Private lesson skaters should contact coach before choosing day package*