



LFSC Summer Skating School

Test Permission for Out-of-Town skaters

Home Club: _____
Club #: _____

The aforementioned skater is hereby granted permission to take tests while attending the Lethbridge Summer Skating School 2010
Home Club Official (name) _____
Signature: _____
Position: _____
Date: _____

Release and Waiver

In consideration of the benefits to us awarded by acceptance of this application, the skater and their family agrees to hold and save harmless, the Lethbridge Figure Skating Club and Lethbridge Summer Skating School, its officers and coaches, for any claim and injuries sustained during skating or off-ice sessions. The undersigned agrees to abide by all rules of the Summer School and Skate Canada set forth in the Rule Book

Signature (Parent or Guardian if under 18) _____
Date _____

Skater Level (circle one) SENIOR / INT. PRIMARY

Please indicate the week(s) and Package requested:

Week 1 _____	(June 28- July 2)	PKG 1 2 3 4
Week 2 _____	(July 5 - 7)	PKG 1 2 3 4
Week 3 _____	(July 12 - 16)	PKG 1 2 3 4
Week 4 _____	(July 19 -23)	PKG 1 2 3 4
Week 5 _____	(July 26 - 30)	PKG 1 2 3 4
Week 6 _____	(August 3 - 5) <i>Exempt from 10% discount</i>	

Please circle preferred Freeskate

SENIOR / INT ~ A B C (C=combined - Wk 3 & 4 only)
PRIMARY ~ A B C (C=combined - Wk 3 & 4 only)

*Weeks 3/4 Freeskate Sessions will be assigned on a First-come/First-serve basis

Fees

Subtotal (# of weeks @ pkg rate) _____
Less Discount for 4 or 5 wks (10%) _____
Less early registration discount (5%) _____
Paid by cash or chq # _____ **Total** _____

Coaches

Please contact your coach(es) to arrange your lessons by June 15th.

Don Cowan Phone: 403-382-8873
Email: doncowan@telus.net

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Nina Evans Phone: 403-524-0897
Email: nina@lethbridgeskating.com

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Angela Mann Phone: 403-328-1859
Email: angela@lethbridgeskating.com

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Mitch Millar Phone: 403-524-2970
Email: m_millar@shaw.ca

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Jen Moser Phone: 403-894-4417
Email: jen@lethbridgeskating.com

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Olea Taboulchanas Phone: 403-380-2224
Email: oleagr82sk8@gmail.com

Dance Partner

Christopher Cutforth Phone: 403-329-1313

Guest coaches welcome with registered skaters.
(Must be registered with Skate Canada and fill out an application form.)

Accommodations

Out of town skaters requiring billeting, please let us know as soon as possible.

Complete schedule can be found on the LFSC website www.lethbridgeskating.com

Summer Skating School

June 28th to August 5, 2010



~ Register Early! Spaces are limited!

~ 10% discount for skaters registering in 4 or 5 weeks (excluding week 6)

~ 5% discount for early registration

~ Test day tentatively scheduled for July 24th

Packages include Freeskate, Dance/Skating Skills/Stroking/Off-Ice Training

Freeskate Clinic July 8th and 9th
Featuring Kathy Casey

Clinic discount for skaters participating in weeks 3, 4 or 5 of summer school

www.lethbridgeskating.com



Package Options and Prices

Package 1:

2 Freeskate
1 Dance/Skating Skills
1 Stroking
Off – ice

\$130 (Week 3, 4, 5)

\$110 (Week 1) \$105 (Week 2)

Package 2:

2 Freeskate
1 Stroking
Off – ice

\$120 (Weeks 3, 4, 5)

\$95 (Week 1) \$90 (Week 2)

Package 3:

1 Freeskate
1 Dance/Skating Skills
1 Stroking
Off – ice

\$115 (Weeks 3, 4, 5)

\$90 (Week 1) \$85 (Week 2)

Package 4:

1 Freeskate
1 Stroking
Off – ice

\$105 (Weeks 3, 4, 5)

\$80 (Week 1) \$75 (Week 2)

Week 6 Package:

1 Open Freeskate (x 3 days)

\$50 (Week 6 Only)

***All packages include a 1.5 hr Freeskate session on Fridays except week 2.**

***NOTE ~ No skating on Thursday, July 1st.**

Registration Information

- ☞ **Registration Deadline is May 28, 2010**
- ☞ Register early to avoid ice cancellations
- ☞ Please submit a cheque for a minimum of 50% of total fees, at the time of registration
- ☞ The balance owing for the remaining fees can be paid by postdated cheque dated no later than July 1, 2010
- ☞ Registration forms without cheques will not be processed
- ☞ You may register for additional weeks at a later date, if there is space available
- ☞ Schedule is subject to change
- ☞ Programs fill up quickly – **registrations are accepted on a first-come, first-serve basis.**
- ☞ 5% discount for early registration ~ must be received by April 28th, 2010
- ☞ All refunds will be subject to a \$25 administration fee. No refunds will be given after June 15, 2010, unless accompanied by a Doctor's certificate
- ☞ Exceptions to the Senior/Int. and Primary criteria may be made at the discretion of the LFSC Summer School Committee

Mail applications to:

LFSC – Summer School
10 Mt. Blakiston Place
Lethbridge Alberta
T1K 6M5

For more information about Summer School, please contact:

Terri Thomas – 403-393-3374
(LFSC Board Representative)

Nina Evans – 403-524-0897
(Coach Representative)

Skaters Name	Date of Birth	Month	Date	Year	Gender	M / F
Address	Town/City	Postal Code	Phone #			
Parents Name	mother	father	E-mail Address	(please print clearly)		
Emergency Contact	Name	Phone #	Relationship to skater	Health Concerns coaches should be aware of?		
Alberta Health Care #	Skate Canada #					
Home Club	Have your Skate Canada Fees been paid through that club for the current season	Y / N	Highest Tests Passed	Freeskate Program	Freeskate Elements	Dance Skating Skills

Summer Skating School Schedule (Mondays-Thursdays)~ 2010

Weeks 1 : June 28-July 2

*No skating on Thursday, July 1, 2010 due to Canada Day

Senior /Intermediate

8:00-9:00 – Freeskate A
9:00-9:30 – Dance
9:45-10:45 – Freeskate B
10:45-11:15 – Stroking
11:30-12:30 – Off-ice

Primary

10:15-11:15 – Off-ice
11:30-12:00 – Stroking
12:00-1:00 – Freeskate A
1:15-1:45 – Dance
1:45-2:45 – Freeskate B

Week 2: July 5 – 7 (Mon – Wed)

Senior /Intermediate

8:00-9:00 – Freeskate A
9:00-9:30 – Dance
9:45-10:45 – Freeskate B
10:45-11:15 – Stroking
11:30-12:30 – Off-ice

Primary

10:30-11:30 – Off-ice
11:30-12:15 – Lunch break
12:15-12:45 – Stroking
12:45-1:45 – Freeskate A
2:00-2:30 – Dance
2:30-3:30 – Freeskate B

***Freeskate Clinic July 8th and 9th
Featuring Kathy Casey***

Friday Schedule ~ Week 1,3,4,5

8:00-9:30 - Senior Freeskate
9:45-11:15 – Primary Freeskate

Weeks 3, 4: July 12-16 / July 19-23

Senior/Intermediate

8:00-9:00 – Freeskate A
9:00-9:30 – Dance
9:30-10:00 – Stroking
10:15-11:15 – Freeskate C (combined)
11:15-12:15 – Freeskate B
12:30-1:30 – Off-ice

Primary

10:15-11:15 – Freeskate C (combined)
11:30-12:30 – Off-ice
12:30-1:15 – Lunch break
1:15-1:45 – Stroking
1:45-2:45 – Freeskate A
3:00-3:30 – Dance
3:30-4:30 – Freeskate B

Combined Freeskate Session

Weeks 3, 4

- ☞ During Weeks 3 and 4, we have added an additional Freeskate session, to alleviate the congestion on the other Freeskate sessions
- ☞ Please note that this session (Freeskate C) is a combined session with Primary and Senior skaters, therefore, for safety reasons, only Primary skaters who have passed their complete Preliminary Freeskate test will be able to choose this session
- ☞ When registering, please indicate which Freeskate sessions you would prefer (depending on which package you chose)
- ☞ Freeskates will be assigned on a first-come, first-serve basis
- ☞ You will be notified via email in June, regarding which Freeskate sessions you have been assigned

Week 5: July 26 - 30

Senior /Intermediate

8:00-9:00 – Freeskate A
9:00-9:30 – Dance
9:45-10:45 – Freeskate B
10:45-11:15 – Stroking
11:30-12:30 – Off-ice

Primary

10:30-11:30 – Off-ice
11:30-12:15 – Lunch break
12:15-12:45 – Stroking
12:45-1:45 – Freeskate A
2:00-2:30 – Dance
2:30-3:30 – Freeskate B

Week 6: August 3 - 5

Combined Primary and Senior Sessions

9:00-10:30 AM – Open Freeskate

Skater Ice Level Criteria

Summer School 2010

Primary = Pre-preliminary to Jr. Bronze
Senior / Intermediate = Passed the complete Jr. Bronze Freeskate Test

Tentative Test Day

Saturday July 24th

