



# 2022 Frozen FEST

**January 22, 2022 Nicholas Sheran Ice Centre**

Start	North Pole	The Tropics	South Pole
8:50 AM	SETUP	SETUP	SETUP
9:00 AM	Stage 3A	Stage 5A	Stage 6A
9:20 AM	Stage 3B	Stage 5B	Stage 6B
9:40 AM	SETUP	SETUP	SETUP
9:50 AM	Stage 1	Stage 2	Stage 4
10:10 AM	FLOOD		
Start	North Pole	South Pole	
10:25 AM	Elements 1A	Elements 1B	
10:55 AM	Elements 1C	Elements 1D	
11:25 AM	Elements 1E	Elements 1F	
11:55 AM	FLOOD		
12:10 PM	CanSkate Team B	SSJ Team A1	
12:25 PM	CanSkate Team C		
12:45 PM	SSJ Team B	SSJ Team A2	
1:10 PM	FLOOD		
1:30 PM	Simulations STAR 2C		
2:05 PM	Simulations STAR 2B		
2:40 PM	Simulations GOLD FreeSkate		
2:50 PM	FLOOD		
3:05 PM	Simulations STAR 2A		
3:40 PM	Simulations STAR 3		
4:15 PM	Simulations STAR 4, 5, 6 & Artistic		
4:35 PM	FLOOD		
4:50 PM	Creative Improv A		
5:10 PM	Creative Improv B		
5:30 PM	Group Showcase		
5:45 PM	Spin, Spiral, Jump Skate-Off		

updated 01/18/2022