



**LETHBRIDGE SKATING CLUB
JUNE 2022 SCHEDULE
May 30, 2022 - June 30, 2022**

START TIME	Monday ATB CENTRE	Tuesday ATB CENTRE	Wednesday ATB CENTRE	Thursday ATB CENTRE
	MAY 30, JUNE 6, 13, 20, 27	MAY 31, JUNE 7, 14, 21, 28	JUNE 1, 8, 15, 22, 29	JUNE 2, 9, 16, 23, 30
4:30 PM	GROUP STARSKATE STAR 1 - 4 4:30 - 5:30 PM	PRIVATE LESSON STARSKATE & ADULTSKATE STAR 3+ 4:30 - 6:00 PM (4:30-4:45 PM STROKING)	PRIVATE LESSON STARSKATE & ADULTSKATE STAR 3+ 4:30 - 6:00 PM (4:30-4:45 PM STROKING)	PRIVATE LESSON STARSKATE & ADULTSKATE STAR 3+ 4:30 - 6:00 PM (4:30-4:45 PM STROKING)
4:45 PM				
5:00 PM				
5:15 PM				
5:30 PM	FLOOD			
5:45 PM	PRIVATE LESSON STARSKATE & ADULTSKATE STAR 3+ 5:45 - 7:15 PM (5:45 - 6:00 PM STROKING)		FLOOD	
6:00 PM			GROUP STARSKATE STAR 1 - 4 6:15 - 7:15 PM	
6:15 PM				
6:30 PM				
6:45 PM				
7:00 PM				
7:15 PM				
7:30 PM				
7:45 PM				

- CANSKATE
- CANPOWERSKATE
- OFF-ICE
- GROUP STARSKATE
- PRIVATE LESSON STARSKATE
- SYNCHRONIZED SKATING
- ADULTSKATE
- ROTATIONAL PROGRAMMING

*SUBJECT TO CHANGE 04/25/2022

SKATE CANADA RECOMMENDS THAT SKATERS RECEIVE THE FOLLOWING AMOUNTS OF INSTRUCTION BASED ON THEIR LEVEL:

STAR 1-2 = 75% INSTRUCTION TIME, 25% PRACTICE TIME
 STAR 3-4 = 50% INSTRUCTION TIME, 50% PRACTICE TIME
 STAR 5+ = 25% INSTRUCTION TIME, 75% PRACTICE TIME

IF YOUR SKATER IS REGISTERED FOR A PRIVATE LESSON STARSKATE SESSION OR YOU ARE AN ADULTSKATE SKATER, PLEASE ENSURE YOU HAVE BOOKED ENOUGH PRIVATE LESSONS TO MEET THE CRITERIA LISTED ABOVE.